



TIMMY

DOB: 01/02/2003

Diagnoses:

Autism
Intellectual Disability

16 year old male

Tall, thin, Caucasian

Non-verbal, Energetic

Wears a brace on his foot

Scarring on hands from where he bites himself

Discoloration on face from where he has hurt himself

Likely to be wearing a helmet and his staff/family may be wearing protective equipment

He makes large movements with his hands, arms, legs – be cautious because he has limited safety awareness and may hit you if you get close

Helpful Interaction Tips and Guidelines:

Timmy is nonverbal and only makes moaning sounds.

He communicates by:

- Pointing
- Gestures
- Go Talk device – has Timmy’s most commonly used wants and needs as a picture so he can press a button and the device will speak his want or need.

He will pick certain words out of a sentence to understand what is being said to him. He may not be responsive to people he does not know because he may not understand their language patterns. He does best understanding others when **simple language** is used and in **small steps** when giving instructions.

To build rapport with Timmy:

- Let him initiate any touching,
- Offer a high five when you walk into his home
- Speak to him as if you were speaking to any other person – he can tell when he is being treated differently because of his functioning level and will become frustrated, and possibly aggressive, if he is spoken to differently.

Timmy has a lot of **rituals** he performs on a daily basis that may seem different, Some of the things you may see:

- Spinning in place
- Rocking back and forth
- Turning the lights on and off
- Touching different items 3 times in a row
- Sliding his foot across the floor
- Grabbing towards the air
- Pinching himself or others.

Structure, consistency, and routine are very important to Timmy, so when things change he may become upset, causing a crisis event.

Timmy has an **intellectual disability and Autism** which means:

- He doesn’t understand things the way you and I do.
- He may have difficulty processing what is going on
- He might need everyone to slow down in a time of crisis.

NOTE REGARDING HANDS ON INTERVENTION:

- Physical touch is extremely agitating for Timmy.
- If possible, let him initiate any physical contact or volunteer for the contact.
- Avoid touching his ears, back of his neck, arms, and face. **This WILL escalate his aggression.**

Helpful Phone Numbers During a Crisis:

NC START: 888-962-3782

Please feel free to call NC START if you need additional information

Guardian: 555-555-5555