





CIDD Conference Room 101
 101 Renee Lynne Court, Carrboro, NC 27510
www.cidd.unc.edu

FREE!

2013 CIDD Community Talk Series

All are welcome! Join us to learn about recent advances in developmental disabilities.

Time: 7:00PM – 8:30PM

<p>Wednesday, September 11</p>	<p>Ann Palmer, B.A. Family Faculty, Carolina Institute for Developmental Disabilities, UNC-CH</p> <hr/> <p>Maureen Morrell, M.P.H. Special Projects Director, ASNC</p> <hr/> <p>Parenting Across the Autism Spectrum; Unexpected Lessons We Have Learned Two parents, also professionals in the field, discuss the joys and challenges of parenting their sons from opposite ends of the autism spectrum from newly diagnosed toddlers to the adults they are today.</p>	
<p>Wednesday, October 9</p>	<p>Cynthia M. Powell, M.D. <i>Professor of Pediatrics and Genetics, Chief of Pediatric Genetics and Metabolism Division of Genetics and Metabolism. UNC-CH</i></p> <hr/> <p>Genetic and Genomic Testing: What, Who, When, How and Why? What are genes and chromosomes? What is the difference between genetics and genomics? Who can benefit from genetic testing? When are genetic tests indicated? How are they done? Why would someone want to have genetic testing? Answers to these questions and more will be discussed.</p>	
<p>Wednesday, November 13</p>	<p>Greg Olley, Ph.D. <i>Psychologist, Clinical Professor Carolina Institute for Developmental Disabilities, UNC-CH</i></p> <hr/> <p>People with Developmental Disabilities and the Criminal Justice System: Risks and Resources Children and adults with developmental disabilities, including autism, are at risk for encountering the criminal justice system. This talk will address the risks and resources to protect and support vulnerable populations.</p>	
<p>Wednesday, December 11</p>	<p>Anne Wheeler, Ph.D. <i>Associate Professor of Psychiatry and Adjunct Clinical Professor of School Psychology Carolina Institute for Developmental Disabilities, UNC-CH</i></p> <hr/> <p>Introduction to Mindfulness and Mindful Parenting Mindfulness is defined as the “state of being attentive to and aware of what is taking place in the present.” It is thought that mindfulness assists in allowing shifts in one’s relationship to internal experiences; fear, anger, or sadness for example. Increases in emotional equanimity in the face of intrusive thoughts, distressing emotions and behavioral impulses are therefore thought to result from greater mindfulness. This talk will provide an overview of mindfulness as a daily practice with a specific focus on use of mindful parenting techniques.</p>	

To RSVP or for more information, please contact:



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 Dissemination
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Carolina Institute for Developmental Disabilities

Light refreshments will be provided.

Respite care is not available.

Convenient parking located next to building.